LIONEL UNIVERSITY

Degree Requirements Worksheet - Associate of Science in Exercise Science

For full course descriptions please refer to the course catalog.

AS in Exercise Science: General Education Courses (6)			
Course	**Credits**	**Qtr Completed**	**Prerequisite**
ENG110	5		
BIO105	5		
MATH102	5		
PSY102	5		ENG110
SOC101	5		ENG110
HIST102	5		ENG110
AS in Exercise Science: Core Required Courses (1)			
Course	**Credits**	**Qtr Completed**	**Prerequisite**
PTR251	5		
AS in Exercise Science: Core Elective (5)			
Course	**Credits**	**Qtr Completed**	**Prerequisite**
PTR	5		
PTR	5		
PTR	5		
PTR	5		
PTR	5		
AS in Exercise Science: Elective Courses (30 Credits)			
Course	**Credits**	**Qtr Completed**	**Prerequisite**

Core Electives Course List (courses not applied to core electives can be applied to remaining program electives)		
Course	**Credits**	**Prerequisites**
PTR253 Specialist in Exercise Therapy	5	PTR251
PTR254 Youth Fitness Trainer	5	
PTR255 Specialist in Strength & Conditioning	5	
PTR256 Specialist in Senior Fitness	5	PTR251
PTR257 Specialist in Group Fitness	5	PTR251
PTR258 Corrective Exercise Specialist	5	PTR251
PTR259 Specialist in Fitness Nutrition	5	PTR251
PTR260 Bodybuilding Specialist	5	PTR251
PTR261 Transformation Specialist	5	PTR251

Elective Course List		
Course	**Credits**	**Prerequisites**
BUS115 Introduction to Marketing	4	ENG110
BUS117 Motivating for Performance	5	ENG110
BUS204 Business & Management Preinciples	4	ENG110
BUS207 Entrepreneurship	4	ENG110
BUS210 Business Ethics & Law	4	ENG110
COMM102 Effective Communication	5	ENG110
COMM121 Interpersonal Relations	3	ENG110
COMM161 Business Communications	2	ENG110
COMM203 Customer Service Principles	3	ENG110
HIT135 Medical Terminology	3	
PD102 Personal Development	2	
PD103 Professional & Career Development	2	ENG110

Associate Degree Requirements Checklist
☐ 90 total credits completed
☐ 30 Credits from Lionel University Courses
☐ 2.0 Overall GPA
☐ 2.0 GPA in Core Coursework

For questions or support, please contact us at:
800-650-4772 x2 or support@lionel.edu