



Degree Requirements Worksheet - Master's of Science in Exercise Science

Use this worksheet to track your progress through your degree. For full course descriptions please refer to the course catalog.

Requisite Course (1)

Course	Credits	Qtr Completed	Requisite
PTR482	5		

MS in Exercise Science: Core Required Courses (4)

Course	Credits	Qtr Completed	Requisite
EXSC501	5		
EXSC502	5		
EXSC503	5		PTR482
EXSC504	5		

MS in Exercise Science: Concentration Courses (4)

All courses come from your one chosen concentration.

Course	Credits	Qtr Completed	Prerequisite
	5		
	5		
	5		
	5		

MS in Exercise Science: Capstone Research Project (1)

Course	Credits	Qtr Completed	Prerequisite
EXSC599	5		

MS Core Courses | Requisite Course: PTR482 - Exercise Physiology

Course	Credits	Requisite
EXSC501 Contemporary Issues in Exercise Science	5	
EXSC502 Data Analysis in Exercise Science	5	
EXSC503 Advanced Exercise Physiology	5	PTR482
EXSC504 Motor Learning	5	

Master's Degree Concentrations

Strength & Conditioning

Course	Credits	Prerequisite
SC501 Exercise Assessment & Prescription	5	EXSC501
SC502 Advanced Strength & Conditioning	5	EXSC501
SC503 Advanced Topics in Fitness Nutrition	5	EXSC501
SC504 Contemporary Coaching Methods	5	EXSC501

Fitness Leadership

Course	Credits	Prerequisite
FL501 Leadership & Professional Development	5	EXSC501
FL502 Advanced Business Aspects of Fitness	5	EXSC501
FL503 Professional Communication	5	EXSC501
FL504 Ecommerce & Internet Presence	5	EXSC501

Clinical, Corporate & Community Wellness

Course	Credits	Prerequisite
CCCW501 Industrial, Clinical & Corporate Wellness	5	EXSC501
CCCW502 Physical Fitness & Epidemiology	5	EXSC501
CCCW503 Organization & Development of School & Community Physical Activity Programs	5	EXSC501
CCCW504 Obesity Prevention & Management	5	EXSC501

Capstone Research Project

EXSC599 Research Project	5	EXSC501
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Master's Degree Requirements Checklist

- 45 total credits completed
- 23 Credits from Lionel University Courses
- Capstone Project Completed with Lionel
- 3.0 Overall GPA
- 3.0 GPA in Core Coursework

For questions or support, please contact us at:

800-650-4772 x2 or support@lionel.edu