

## Program Requirements Worksheet - Master Trainer Certificate

Use this worksheet to track your progress through your program. For full course descriptions please refer to the course catalog.

Master Trainer Core Required Courses (1)					
Course	Credits	Qtr Completed	Prerequisite		
PTR251	5				
Master Trainer Core Elective (5)					
Course	Credits	Qtr Completed	Prerequisite		
PTR	5				
PTR	5				
PTR	5				
PTR	5				
PTR	5				

Core Electives Course List				
Course	Credits	Prerequisites		
PTR253 Specialist in Exercise Therapy	5	PTR251		
PTR254 Youth Fitness Trainer	5			
PTR255 Specialist in Strength & Conditioning	5			
PTR256 Specialist in Senior Fitness	5	PTR251		
PTR257 Specialist in Group Fitness	5	PTR251		
PTR258 Corrective Exercise Specialist	5	PTR251		
PTR259 Specialist in Fitness Nutrition	5	PTR251		
PTR260 Bodybuilding Specialist	5	PTR251		
PTR261 Transformation Specialist	5	PTR251		

Master Trainer Certificate Requirements Checklist

30 total credits completed

2.0 Overall GPA

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2.0 GPA in Core Coursework

For questions or support, please contact us at: 800-650-4772 x2 or support@lionel.edu